

**CURRICULUM
VITAE**



**PERSONAL
INFORMATION**

Name **DR. MARIA PAOLA BRUGNOLI, MD, PhD**

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Nationality **Italian**

Educational Background

- Master Degree in Medicine and Surgery at University of Verona, Italy, the 4th November 1985.
- Obtained Licence and Certification to practice Medicine and Surgery, University of Verona, Italy the 28th December 1985.
- Member College of Physicians and Surgeons, Verona, Italy, since 1986.
- 1985-1987 two-years postgraduate course in Clinical Hypnosis at the Italian Institute of Clinical Hypnosis and Psychotherapy "H. Bernheim", Verona, Italy (12 weekend every year- 30 hours each- of training in Clinical Hypnosis).
- 1988-1990 3 years Specialization in Anaesthesia and Intensive Care, at the University of Verona, Italy.
- 1996-97 Specialization in advanced studies on Pediatric Anaesthesia and Intensive Care, at the University of Padova, Italy.
- 2001 one-year postgraduate course in advanced study on Biomedical Technologies and Holistic Medicine, at the State University of Milano, Italy.
- 2000, 2002 and 2006, 3 years Specializations in advanced studies on Acupuncture at the State University of Milano, Italy.
- 2007 one year Master of 2° level in "Integration between Traditional Chinese Medicine and Western Medicine" obtained at the State University of Milan, Italy and the State University of Nanjing, China.
- 2008 one-year Specialization in Pain Therapy and Palliative Care at University of Padova, Italy.
- 2011 one-year Specialization in Psychogerontology and Psychogeriatric at University of Brescia, Italy.
- 2012 May University of Manitoba, Canada, 'Dignity Therapy Training Workshop'. Professor Dr. Harvey Max Chochinov, the Manitoba Palliative Care Research Unit, Winnipeg, Canada.
- 2014 post graduate course in Systematic revisions and meta-analyses for producing evidence-based guidelines in the healthcare sector - Cochrane method, at University of Verona, Italy
- 2015 Summer school on Neuroscience at the 'Cattolica University' in Milano, Italy.
- From 2013 to 2016:
 1. PhD Doctorate fellowship in Neuroscience, Psychological and Psychiatric Sciences at University of Verona, Verona, Italy.
 2. Pain Therapist and Palliative Care Physician at University of Verona, Verona, Italy.
- 2017 PhD Doctorate in Neuroscience, Psychological and Psychiatric Sciences at University of Verona, Verona, Italy.

- January 2017 –July 2017 Research fellow at NIH National Institutes of Health, Clinical Centre, Pain and Palliative Care, Bethesda, MD, USA
- 2018 one-year postgraduate course in Neurobioethics at Department Neurobioethics at UNESCO Chair in Bioethics and Human Rights, Pontifical University Regina Apostolorum, Roma, Italy
- From 2017-now Research Team UNESCO Chair in Bioethics and Human Rights, and Coordinator International Research group on Consciousness Studies at Pontifical University Regina Apostolorum, Roma, Italy
- From February 2020-now member founder, Board of Directors and Director Ethical Committee ITALIAN SCIENTIFIC SOCIETY CLINICAL HYPNOSIS IN PSYCHOTHERAPY AND HUMANISTIC MEDICINE –SIPMU www.sipmu.org

SIPMU is internationally recognized by ESH European Society of Hypnosis <https://esh-hypnosis.eu/about/constituent-societies/>

- From August 2021 Director Ethical Committee ISH International Society of Hypnosis

Skills

Personal Medical skills: Clinical Diagnosis, Pharmacological, anesthesiologic and Psychological therapies in Pain therapy, Palliative care and Psychosocial Oncology; Local and Regional Anesthesia; Acupuncture; Mesotherapy; Neural therapy; Psychosomatic Medicine; Clinical Hypnosis, Self-Hypnosis, Group Hypnosis, Meditative States and Mindfulness; Music therapy in Pain therapy, Palliative care and Psychosocial Oncology; Stress management; Mindfulness based stress reduction; Psychosomatic Medicine.

Communication skills: Self-confidence and mental resilience; Symptom Management in Pain Therapy, Palliative Care, and Psychosocial oncology; Dignity therapy at the end of life (by Professor Chochinov' method, University of Manitoba, Canada); Clinical Research.

Skills in Medical and Health Teaching and Education: Teaching and Education in: Psychosocial Oncology, Pain therapy, Acupuncture to relief suffering in cancer patients, Acute and Chronic Pain Control, Palliative Care, Hypnotherapy in pain therapy and palliative care, Mindfulness for cancer patients, Psychosomatic Medicine in cancer, Communication, Stress Management in cancer, Mindfulness based stress reduction, Group therapy in cancer and Palliative Care; Self-confidence and mental resilience; Symptom Management in Pain Therapy and Palliative Care Experience in organization of Congresses, Symposia, Lessons and Seminars Past Researcher at NIH National Institutes of Health, Pain and Palliative Care, Bethesda, USA (2017)

Board of Editors of APM Annals of Palliative Medicine, scientific Journal Indexed on PubMed.

Languages: Italian - Mother language; English – Good professional

Professional Experiences

- 1985-1986 Medical Assistant at the Neurological Department of State Hospital of Verona, Italy.
- 1987-1990 Medical Assistant at the University Department of Anesthesia Intensive Care and Pain Therapy Centre of University Hospital “G.B. Rossi” in Verona, Italy.
- 1990-1996 Medical staff as Anesthesiologist, Critical care physician and Pain therapist, at the University Department of Anesthesia, Intensive Care and Pain Therapy Centre at “Borgo Trento” Hospital In Verona, Italy.
- 1996-1999 Medical staff, as Anesthesiologist, Critical care physician and Pain therapist, at the Department of Anaesthesia, Intensive Care and Pain Therapy Centre of “Sacro Cuore” Hospital in Negrar, Verona, Italy
- 1999-2000 Medical staff, as Anesthesiologist, Critical care physician and Pain therapist, at University Department of Anaesthesia, Intensive Care and Pain Therapy Centre of “Borgo Trento” Hospital In Verona, Italy.
- 2000-2011 Medical practice as Physician in Pain Therapy, Palliative Care and Psychosocial oncology, with disable and cancer patients for AIST Italian Association for the Study of Pain Therapy and Clinical Hypnosis, in Verona, Italy
(skills: Pharmacological therapy, Local and Regional Anesthesia, Acupuncture, Clinical Hypnosis, Self-Hypnosis, Group Hypnosis, Mindfulness, Meditative States.)
- 2012 (January- September) Health Director, Pain therapist and Palliative Care Physician in the Skilled Nursing Unit Care Home “Residenza Valle dei Laghi” in the city of Cavedine, Trento, Italy www.residenzavalledeilaghi.it
- Since November 2012 to December 31, 2016 Medical staff as pain therapist ad PhD fellow (neuroscience, psychology and psychiatry) at the Medical Staff of Pain Therapy, at the Department of Anaesthesiology, Intensive Care and Pain Therapy, University of Verona, Verona, Italy.
- 2013-2016 PhD Doctorate fellowship in Neuroscience, Psychological and Psychiatric Sciences at University of Verona, Verona, Italy
- 2017 Research Fellow at NIH National Institutes of Health, Clinical Center, Pain and Palliative Care, Bethesda, MD, U.S.

2017 Scientific Seminars and Courses attended at NIH National Institutes of Health, Clinical Center, Bethesda, MD, USA:

NIH Information Security
Privacy Awareness

NIH records management training

Journal Club

Pheochromocytoma

Seminars in Neuroscience

No Escalation of Care at the end of life

Alcoholism/Peri-aqueductal grey
Case Conference
Quality and Patient Safety
Methadone vs opioids in Palliative Care
Pain anesthesiological Interventions
NIH new hire records management training
NIH secure remote computing
NIH 10 modules of the Responsible Conduct of Research training
Heals versus Cure
Mindfulness in Palliative care
NIH Computer-based Clinical Research Training Course
NIH Office of Clinical Research Training and Education
Five wishes in Palliative Care
Case conferences

- From 2017-now Research Team UNESCO Chair in Bioethics and Human Rights, and Coordinator International Research group on Consciousness Studies at Pontifical University Regina Apostolorum, Roma, Italy
- From February 2020-now board of Directors and Director Ethical Committee ITALIAN SCIENTIFIC SOCIETY CLINICAL HYPNOSIS IN PSYCHOTHERAPY AND HUMANISTIC MEDICINE –SIPMU www.sipmu.org

Professional Affiliations and Membership

- Member 1985-2014 of the Italian Institute of Clinical Hypnosis and Psychotherapy "H. Bernheim" Verona, Italy, and teacher from 2000 to 2014 in: clinical Hypnosis in Pain Therapy and Palliative care at the Postgraduate School of Specialization in Psychotherapy 'Scuola di psicoterapia psicosintetica ed ipnosi ericksoniana – H. BERNHEIM' (recognized by Italian Government Department of University and Scientific Search).
<http://www.miur.it/ElencoSSPWeb/Cercalstituti.aspx?IstitutoID=150&Regione=20>
- 1987-1990, 2020, 2021 Member of AISD Associazione Italiana per lo Studio del Dolore AISD, Italian Association for the Study of Pain, Italy
- Member S.I.M.P. Società Italiana di Medicina Psicosomatica (Italian Society of Psychosomatic Medicine) Milan, Italy, since 2000-2015
- Member of American Society of Clinical Hypnosis ASCH since 2004.
- 2005-2010 Scientific Director and teacher in Pain Therapy, Palliative care and Clinical Hypnosis, at AIST Italian Association for the Study of Pain Therapy and Clinical Hypnosis.
- 2012 Scientific Director, and faculty at AIST Italian Association for the Study of Pain Therapy and Clinical Hypnosis: annual 'ADVANCED TRAINING OF CLINICAL HYPNOSIS' 50 hours, recognized by ESH European Society of Hypnosis.
- 2011-2014 President AIST Italian Association for the Study of Pain Therapy and Clinical Hypnosis.

- 2006 Scientific collaboration in Acupuncture in Pain Therapy at the State University of Milan, Italy , experience exchange and training activity between WHO (Geneve), Lombardy (Italy) and China for developing an integrative system of traditional and conventional medicine
- 2010-2013 Member APA American Psychological Association, Division 30: The Society of Psychological Hypnosis.
- Since 2013 member ISH International Society of Hypnosis: since August 2021 Director of Scientific Committee
- 2010-2014 member ESH European Society of Hypnosis
- 2010- 2014 Member ESRA the European Society of Regional Anaesthesia & Pain Therapy
- 2015 member EAPC European Association of Palliative Care
- 2015 member Canadian Society of Palliative Care Physicians CSPCP
- 2015 member CAPO Canadian Association of Psychosocial Oncology
- Since 2020 member founder and board of directors SIPMU Italian Scientific Society Clinical Hypnosis in Psychotherapy and Psychosomatic Medicine.
- Since 2017 Coordinator International, Interdisciplinary, Interreligious group on Consciousness Studies at GdN Scientific Group on Neurobioethics at Pontifical Athenaeum Regina Apostolorum and UNESCO Chair in Bioethics and Human Rights

Scientific Books published in Italian language

1. Brugnoli MP. (2005) Tecniche di Mental Training nello Sport: Vincere la tensione, aumentare la concentrazione e la performance agonistica. (Techniques of Mental Training in sport: overcome the stress and increase the concentration- book about the mental training also for disable patients-). RED Edizioni, Milano, Italy (Italian).
2. Brugnoli MP (2008) Mental Training nello sport. (book about the mental training also for disable patients) RED Boroli Editore (manuali economici), Milano, Italy (Italian).
3. Brugnoli MP, Parolini MS. (2009). La via della pace interiore, Tecniche di rilassamento e di meditazione per il benessere dell'anima. (The path of inner peace: the relaxation and meditative techniques for the soul wellbeing- book about relaxation, self-hypnosis and mindfulness in palliative care and psychosocial oncology-). Del Miglio Editore, Verona, Italy, (Italian).
4. Brugnoli MP (2009). Tecniche di Rilassamento e Ipnosi Clinica in Terapia del Dolore e Cure Palliative. (clinical hypnosis in pain therapy and palliative care- book about hypnosis, mindfulness in palliative care and psychosocial oncology-) Del Miglio Editore, Verona, Italy, (Italian).
5. Brugnoli MP et Al., (2010) –Chapter-: Cosa fare quando la sofferenza blocca le emozioni nei bambini malati. (Chapter: 'How to do when emotions block the illness child'). In: "Cosa fare quando le emozioni bloccano la persona. Manuale pratico in comunicazione e capitoli monografici" SIMP Società Italiana di Medicina

Psicosomatica, (Italian Society of Psychosomatic medicine). Publisher Stimmgraf, Verona, Italy, (Italian).

6. Brugnoli MP et Al. (2010) -A cura di Brugnoli MP-. Le tecniche della comunicazione nella relazione d'aiuto (Communications techniques in health care). Gabrielli Editori, Verona, Italy. (Italian).
7. Brugnoli A. Brugnoli MP (2016) I sentieri spirituali nelle Cure Palliative: manuale pratico di rilassamento, auto-ipnosi e meditazione. Gabrielli Editori, Verona, Italy (Italian-
title: The spiritual Pathways in palliative care: handbook of relaxation, self-hypnosis and meditation). Gabrielli Publisher, Verona, Italy.
8. Brugnoli Maria Paola, Brugnoli Marco (2019) Arte e Autocoscienza nel ciclo della vita. Editore Youcanprint.
9. Brugnoli Maria Paola (2019) Vademecum di neurobioetica degli stati di coscienza FONDAMENTI NEUROSCIENTIFICI - STATI DI COSCIENZA MODIFICATI - STATI DI COMA - STATI DI PREMORTE-NDE - MORTE CEREBRALE - PSICOTANATOLOGIA - DIMENSIONE SPIRITUALE. Gabrielli Editori.
10. Brugnoli Maria Paola e Giorgia Salatiello (2020) Autocoscienza: fondamenti neuroscientifici, Psicologici, Filosofici, Teologici e Spirituali. Gabrielli Editori.
11. Brugnoli Maria Paola e Giorgia Salatiello (2020) Gli stati di coscienza introspettivi e meditativi: Aspetti Neuroscientifici, Psicologici, Filosofici, Teologici e Spirituali. Gabrielli Editori.

Scientific Books published in English language

12. Brugnoli MP., Brugnoli A., Norsa A. (2006). Nonpharmacological and noninvasive management in pain: physical and psychological modalities. La Grafica Editrice, Verona, Italy, (English).
13. Brugnoli MP (2009). Clinical hypnosis, spirituality and palliation, the way of inner peace. (book about relaxation, self-hypnosis and mindfulness in palliative care and psychosocial oncology-). Del Miglio Editore, Verona, Italy, (English).
14. Brugnoli M.P. (2014) Clinical Hypnosis in Pain Therapy and Palliative Care: A Handbook of Techniques for Improving the Patient's Physical and Psychological Well-being. Charles C. Thomas Publisher, IL, USA. (English) – indexed on PubMed: <http://www.ncbi.nlm.nih.gov/nlmcatalog/101610051>
15. Brugnoli MP, Brugnoli A., Recchia L. (2016) A new classification of the modified states of consciousness. A peer-reviewed, referenced resource. LAP Lambert Academic Publishing (2016-03-09). ISBN 978-3-659-85683-9. (English).
16. Maria Paola brugnoli, Marco Brugnoli (2016) Art, Mindfulness and Self-hypnosis in Psychosocial Oncology: the way of Inner consciousness. Officina grafica Edizioni.
17. Maria Paola Brugnoli, Marco Brugnoli (2019) Art and meditation for the peace of hearth. Editore Youcanprint.

Scientific Publications and Researches:

- from August 2016 she is in the Editorial Board of the scientific Journal 'Annals of Palliative Medicine'

<http://www.ncbi.nlm.nih.gov/nlmcatalog?cmd=historysearch&querykey=1>

1. Luzzani A., Dal Corso B., Ischia A., Brugnoli MP., Finco G. (1988). Recenti acquisizioni in tema di Profilassi e Terapia della Tromboembolia Polmonare. (New developments in pulmonary thromboembolism's prophylaxis and therapy.) Acta Chirurgica Italica, vol. 44, 2, 166-176. Ed. La Garangola, Padova.
2. Ischia S., Ischia A., Luzzani A., Pasetto A., Finco G., Dal Corso B., Brugnoli MP. (1988). Neurolesive procedures in the treatment of malignant bone pain: vertebral pain relief by unilateral percutaneous cervical cordotomy. Algologia, 7, 2-16.
3. Luzzani A, Ischia A, Barbagli P, Polati E, Finco G, Brugnoli MP, Dal Corso B, Ischia S. (1988) Chemical lumbar sympathectomy in occlusive arterial disease of the lower limbs. Algologia, vol. 7, pp. 1-17.
4. Lomeo A., Brugnoli MP. (1988). Colinesterasi e numero di dibucaina (Colinesterasi and Dibucaina's number). Exacta Medica, N.1, anno 1. 31-36, Italian.
5. Brugnoli MP. (2001). Neurofisiologia di realtà percepita e realtà rappresentata: quale relazione tra working memory e visualizzazione mentale in ipnosi. (Neurophysiology of perceptible reality and symbolized reality: is there a relationship between working memory and mental imagery during hypnosis?). Acta Ipnologica, V, N.3, 21-22.
6. Brugnoli MP. (2002). Rilassamento ed ipnosi in età evolutiva. (Relaxation and hypnosis in childhood). Acta Hypnologica, 1, 8-14.
7. Brugnoli MP. (2004). Tecniche di rilassamento e Ipnosi nel controllo della sofferenza del paziente terminale. (Relaxation techniques and clinical hypnosis in controlling suffering of terminally ill patients). Acta Hypnologica, VIII, N°1-2, 3-14.
8. Brugnoli MP., Ballini M., Zanini M. (2004). Il mental training nello sport: ricerca sull'efficacia del mental training legata alla prestazione di forza con esecuzione del test di Bosco. (Mental training in sport: search about efficacy of mental training and strength performance in relationship to Bosco's test). Acta Hypnologica, Anno VII, N°2-3, 12-18, 2004.
9. Brugnoli M.P. (2014) Clinical Hypnosis and Relaxation in Surgery Room, Critical Care and Emergency, for Pain and Anxiety Relief. Journal of Anesthesia & Critical Care: Open Access. ISSN: 2373-6437JACCOA. Published: August 26, 2014
<http://medcraveonline.com/JACCOA/JACCOA-01-00018.php>
10. Tamburin S, Schweiger V, Magrinelli F, Brugnoli MP, Zanette G, Polati E (2014). Effect of 5% lidocaine medicated plaster on pain intensity and paroxysms in classical trigeminal neuralgia. [Ann Pharmacother](#). 2014 Nov;48(11):1521-4. doi: 10.1177/1060028014544166. Epub 2014 Jul 28.
11. Brugnoli MP., Ivnyev B., Polati E., Recchia L. (2014) Neurophysiologic and neuropsychological mechanisms of hypnosis and meditation for the rehabilitation of consciousness and awareness. Archives of Clinical and Experimental Medicine. Том 23, № 2, 128-133. Підписано до друку 01.10.2014. "XEROX DocuTech 6135". Св. про держреєстрацію серія АОО №10772 від 10.08.2007 р. м. Донецьк, вул.

12. Brugnoli MP (2015). Clinical Hypnosis in Palliative Care: Advanced Techniques for Effectively Relieving Pain and Symptoms. Abstract number: P2-004 Abstract type: Poster. European Journal of Palliative Care - abstracts EAPC 2015 14th World Congress of the European Association for Palliative Care, 8 – 10 May 2015 Copenhagen, Denmark. http://www.eapc-2015.org/tl_files/eapc15/Downloads/EAPC_2015_Abstract_Book.pdf
publishers of the European Journal of Palliative Care a division of Hayward Group Ltd, The Pines, Fordham Road, Newmarket CB8 7LG, UK ISBN 978-0-9542022-3-1.
13. Brugnoli MP (2016) Clinical Hypnosis for Palliative Care in severe chronic diseases: a review and the procedures for relieving physical, psychological and spiritual symptoms. Annals of Palliative medicine. In press PubMed Manuscript ID: APM-16-22 <http://www.ncbi.nlm.nih.gov/nlmcatalog?cmd=historysearch&querykey=1>
14. Brugnoli MP Guest Editor and reviewer for a special issue of the scientific Journal APM Annals of Palliative Medicine (indexed on PubMed) on 'Clinical Hypnosis in Palliative Care'
<http://www.ncbi.nlm.nih.gov/nlmcatalog?cmd=historysearch&querykey=1>
15. **Brugnoli MP**, Pesce G, Pasin E, Basile MF, Tamburin S, Polati E. [The role of clinical hypnosis and self-hypnosis to relief pain and anxiety in severe chronic diseases in palliative care: a 2-year long-term follow-up of treatment in a nonrandomized clinical trial](#). Ann Palliat Med. 2018 Jan;7(1):17-31. doi: 10.21037/apm.2017.10.03. Epub 2017 Dec [Free Article](#)
16. Squintani G, **Brugnoli MP**, Pasin E, Segatti A, Concon E, Polati E, Bonetti B, Matinella A. [Changes in laser-evoked potentials during hypnotic analgesia for chronic pain: a pilot study](#). Ann Palliat Med. 2018 Jan;7(1):7-16. doi: 10.21037/apm.2017.10.04. Epub 2017 Nov 10. [Free Article](#)
17. **Brugnoli MP**. [Clinical hypnosis in Palliative Care: neural correlates, clinical, psychological and spiritual therapies](#). Ann Palliat Med. 2018 Jan;7(1):3-6. doi: 10.21037/apm.2017.09.11. Epub 2017 Oct 26. No abstract available. [Free Article](#)
18. Agarwal S, Kumar V, Agarwal S, **Brugnoli MP**, Agarwal A. [Meditational spiritual intercession and recovery from disease in palliative care: a literature review](#). Ann Palliat Med. 2018 Jan;7(1):41-62. doi: 10.21037/apm.2017.08.08. Epub 2017 Sep 20. [Free Article](#)
19. Satsangi AK, **Brugnoli MP**. [Anxiety and psychosomatic symptoms in palliative care: from neuro-psychobiological response to stress, to symptoms' management with clinical hypnosis and meditative states](#). Ann Palliat Med. 2018 Jan;7(1):75-111. doi: 10.21037/apm.2017.07.01. Epub 2017 Aug 9. [Free Article](#)
20. **Brugnoli MP**. [Clinical hypnosis for palliative care in severe chronic diseases: a review and the procedures for relieving physical, psychological and spiritual symptoms](#). Ann Palliat Med. 2016 Oct;5(4):280-297. doi: 10.21037/apm.2016.09.04. Review. [Free Article](#)

Presenter and faculty for National and International Scientific Congresses (Clinical Hypnosis, Pain Therapy, Palliative Care, Psychosocial Oncology)

Luzzani A., Ischia A., Dal Corso B., Finco G., Brugnoli MP., Miglioranzi R., Polati E. (1988). Le Tecniche di Neuromodulazione e Neurolesione non Chirurgica delle Arteriopatie Periferiche: Quali spazi per la S.C.S.? (Non surgical techniques of neuromodulation and neurodamage in peripheral arterial pathology –TENS-) Giornate del Santa Corona 1988, Milano 23-24 Settembre 1988, Italy: New Technologies in Anaesthesia, Critical care and Pain Therapy. Italian.

Ischia S., Luzzani A., Finco G., Dal Corso B., Brugnoli MP., Ischia A. (1988). Il Cancro del Retto: Terapia del Dolore nella Recidiva. (Rectum cancer: pain therapy in the relapse.) Giornata di Patologia Neoplastica Colorettale e Riabilitazione Enterostomale. Atti del Convegno AISTOM., 69-76, 1988, Italy. Italian.

Luzzani A, Polati E, Russo S, Dal Corso B, Brugnoli MP, Pasetto A, Ischia S (1988). Il trattamento della nevralgia trigeminale: metodiche percutanee a confronto. Atti di "1° Congresso Nazionale AINOS", Abano Terme, 19 Nov, 1988, a cura di a cura di AINOS, pp. 1-1

Luzzani A, Ischia S, Miglioranzi R, Bianciardi L, Treviso O, Brugnoli MP. (1989). Il blocco del plesso celiaco. (The Celiac plexus block) Atti di "XII Congresso Nazionale AISD", Firenze, 25 Jun, 1989, a cura di Associazione Italiana per lo Studio del Dolore

Ischia S, Luzzani A, Finco G, Dal Corso B, Brugnoli MP, Ischia A. (1988). Il Cancro Del retto: terapia del dolore nella recidiva. Atti di "Convegno per il decennale AISTOM". S.Pietro Incariano-Verona, 03 Jun, 1988 , a cura di a cura di AISTOM

Brugnoli MP. (2002) Whorkshop "Clinical hypnosis in disability and rehabilitation" Istituto Italiano Ipnosi Clinica e Psicoterapia H. Bernheim, Italian Institute of Clinical Hypnosis and Psychotherapy "H. Bernheim", march 9th 2002, San Martino Buon Albergo, Verona, Italy. <http://istitutoipnosibernheim.com/>

Brugnoli MP (2004). Whorkshop at the Italian Institute of Clinical Hypnosis and Psychotherapy "H. Bernheim", Verona, "Ipnosi e agopuntura nel trattamento del dolore centrale" (Hypnosis and acupuncture in the treatment of Central pain), march 13th 2004, San Martino Buon Albergo, Verona, Italy. <http://istitutoipnosibernheim.com/>

Brugnoli MP, Brugnoli A. (2004) Whorkshop at Italian Institute of Clinical Hypnosis and Psychotherapy "H. Bernheim", Verona, "Tecniche innovative in Ipnosi" (Innovative techniques in hypnosis) Dr. Angelico Brugnoli and Dr. Maria Paola Brugnoli, May 15th 2004, San Martino Buon Albergo, Verona, Italy. <http://istitutoipnosibernheim.com/>

Brugnoli MP. (2005). Il trattamento dell'ansia con l'ipnosi clinica in terapia del dolore. ("the treatment of anxiety in pain therapy with Clinical Hypnosis"). XX Congresso, Verona, 2005 | Simp Italia National Congress of SIMP Italian Society of Psychosomatic Medicine Verona, Hotel Leon d'Oro, 20-23 ottobre 2005. <http://www.simpitalia.com/xx-congresso-verona-2005/> oral paper

Minelli E., Brugnoli MP, Solimene U. (2006). "The treatment of pain with acupuncture". Workshop in Videoconference with WHO Geneva, University of Milan, Italy, Universities of Beijing, Chendu and Nanjiing (China). 31/5/2006, experience exchange and training activity between WHO, Lombardy (Italy) and China for developing an integrative system of

traditional and conventional medicine: "Course on WHO Traditional Medicine Strategy". Milan University www.naturmed.unimi.it/

Minelli E., Brugnoli MP, Solimene U. (2006). "The treatment of headache with acupuncture". Workshop in Videoconference with WHO Geneva, University of Milan, Italy, Universities of Beijing, Chendu and Nanjiing (China). 4/7/2006, experience exchange and training activity between WHO, Lombardy (Italy) and China for developing an integrative system of traditional and conventional medicine: "Course on WHO Traditional Medicine Strategy". Milan University www.naturmed.unimi.it/

Brugnoli MP (2007) "Pathways of the mind: clinical hypnosis for the treatment of pain and suffering in dying patient". Oral paper at the ASCH American Society of Clinical Hypnosis Annual Scientific Meeting and Workshops Dallas Texas, TX, USA January 19-23, 2007. <http://www.asch.net/>

Brugnoli MP (2008). "Clinical Hypnosis in palliative care". Oral paper at the ASCH American Society of Clinical Hypnosis Annual Scientific Meeting and Workshops Chicago, 7-11 March 2008. <http://www.asch.net/>

Brugnoli MP (2008) Workshops and scientific director at the Italian Congress AIST- Associazione Italiana per lo Studio della Terapia del Dolore e dell'Ipnosi Clinica (Italian Association for the study of pain therapy and clinical hypnosis) in Bardolino (Verona) 12-13/01/08, 19- 20/01/08 "Tecniche di rilassamento nell'ansia" (Relaxation techniques in anxiety relief). <http://www.perunavitacomeprima.org/contentValue35L1.aspx>

Brugnoli MP (2008) Workshops and scientific director at the International Congress: "The way of inner peace, a multidimensional approach to pain and suffering" San Martino Buon Albergo, Verona Italy, 24-26 October 2008. AIST - Associazione Italiana per lo Studio della Terapia del Dolore e dell'Ipnosi Clinica (Italian Association for the study of pain therapy and clinical hypnosis) <http://www.perunavitacomeprima.org/contentValue35L1.aspx>

Dabney Ewin and Maria Paola Brugnoli (2009). Meet the masters in Pain Therapy: workshop presented at the 51th ASCH American Society of Clinical Hypnosis Convention : 'Mind & Body Traditional Values, Integrative Solutions' March 6-10, 2009, Renaissance Boston Waterfront, Boston, MA, USA. <http://www.asch.net/Home.aspx>

Neron Sylvain, Handel Daniel, Brugnoli Maria Paola, Michael Flynn (2009). We Can Live and Die Healed: Hypnosis for Palliation of Symptoms in Advanced Illness. Abstract and workshop presented at the 51th ASCH American Society of Clinical Hypnosis Convention : 'Mind & Body Traditional Values, Integrative Solutions' March 6-10, 2009, Renaissance Boston Waterfront, Boston, MA, USA.

Brunoli MP (2009). "Ipnosi clinica nelle cure palliative" (Clinical Hypnosis in palliative care). Oral paper at the Italian Congress "Per Una Vita Come Prima" (for a life like before) May 16th 2009 Ospedale Sacro Cuore Negrar, Verona, Italy www.perunavitacomeprima.org

Brugnoli MP et Al (2009). "Corso professionale in counseling nella relazione di aiuto per pazienti disabili ed oncologici" (Professional course in counseling for the relationship with disabled, cancer and dying patients). Workshops and scientific director for the Professional Course: (6 weekend, 300 hours). AIST Italian Association for the Study of Pain Therapy and Clinical Hypnosis, Bardolino, Verona, Italy, February- December 2009 <http://www.perunavitacomeprima.org/contentValue372L1.aspx>

Brugnoli MP et al (2010). "Tecniche del linguaggio verbale e non verbale nella Relazione di aiuto" (Techniques of verbal and non verbal approaches in health care relationships). Workshop and scientific director AIST Italian Association for the Study of Pain Therapy and Clinical Hypnosis Convention, Padri Comboniani, November 6th 2010, Verona, Italy. www.gabrielliieditori.com/

Néron Sylvain, Handel Daniel, Brugnoli Maria Paola, Michael Flynn (2010). Clinical Hypnosis In Palliative Care: Techniques For Effectively Relieving Pain And Symptoms. abstract-workshop at the ASCH American Society of Clinical Hypnosis Annual Scientific Meeting and Workshops 'Hypnosis & Hypnotherapy: Shared Experiences, Shared Questions, Shared Values' March 12-16, 2010 – Nashville, TN, USA <http://www.asch.net/Home.aspx>

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Brugnoli MP (2015) Clinical and psychological correlates of cognition in pain. The role of clinical hypnosis and self-hypnosis to relieve pain, anxiety and pain-related symptoms in

severe chronic illnesses. Oral paper HPCO Hospice Palliative Care Ontario 2015 ANNUAL CONFERENCE, April 19-21, 2015, Toronto Ontario, Canada. <http://www.hpc.ca/wp-content/uploads/HPCO-2015-Conference-Brochure3.pdf>

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Brugnoli MP (2015). Clinical Hypnosis in Palliative Care: Advanced Techniques for Effectively Relieving Pain and Symptoms. Abstract number: P2-004 Abstract type: Poster. European Journal of Palliative Care- abstracts EAPC 2015 14th World Congress of the European Association for Palliative Care, 8 – 10 May 2015 Copenhagen, Denmark. http://www.eapc-2015.org/tl_files/eapc15/Downloads/EAPC_2015_Abstract_Book.pdf publishers of the European Journal of Palliative Care a division of Hayward Group Ltd, The Pines, Fordham Road, Newmarket CB8 7LG, UK ISBN 978-0-9542022-3-1.

Brugnoli MP., Siddharth Agarwal (2015). Clinical Hypnosis, Meditative Stages and Mantras in Palliative care: techniques for Effectively Relieving Pain and Suffering in chronic illnesses. Pre-conference workshop, Venue - Main Building, auditorium XV, 2:00 PM-6:00 PM; Congress 'Toward a Science of Consciousness, University of Helsinki, 8-13 June 2015, Helsinki, Finland. http://www.helsinki.fi/tsc2015/materials/TSC_Book%20of%20abstracts.pdf

Brugnoli MP (2015). Clinical Hypnosis, Relaxation and Mindfulness in Pain Therapy and Palliative Care: Techniques for Improving the Patient's Physical and Psychological Well-being. Poster at the NEW FRONTIERS IN PALLIATIVE MEDICINE Canadian Society of Palliative Care Physicians, 11th Annual Advanced Learning, MAY 28-30, 2015, Calgary, Canada. <http://www.cspcp.ca/2015-alpm-conference-in-calgary-registration-is-open/>

2015. Successful relief of localized neuropathic pain associated with spinal cord trauma as a result of Lidocaine patch 5%: a case report. Poster at the NEW FRONTIERS IN PALLIATIVE MEDICINE Canadian Society of Palliative Care Physicians, 11th Annual Advanced Learning, MAY 28-30, 2015, Calgary, Canada. <http://www.cspcp.ca/2015-alpm-conference-in-calgary-registration-is-open/>

Brugnoli MP (2016). A New Classification of the Neurophysiological Modified States of Consciousness: From Neuroscience to Neurophilosophy. Whorkshop at the ASCH American Society of Clinical Hypnosis Annual Scientific Meeting and Workshop, St. Louis, USA, March, 11-15, 2016. <http://www.asch.net/Portals/0/PDF-content/2016AnnualMeeting/2016ASMWScheduleAtAGlance11202015.pdf>

ASCH American Society of Clinical Hypnosis Annual Scientific Meeting and Workshop, Phoenix March 18-21, 2017: workshop 2 hours:

Brugnoli MP. Clinical Hypnosis in Psychosocial Oncology and in Palliative Care: Neural correlates, taxonomy and techniques, a scientific perspective.
<http://www.asch.net/Portals/0/PDF-content/Annual%20Mtg%20Handouts/MP8-Brugnoli.pdf>

National Congress on Pain Therapy AISD Associazione Italiana per lo studio del Dolore (Italian association for the study of pain) in Rome, Italy, 8-10 June 2017:

Brugnoli MP. The role of clinical hypnosis and self-hypnosis to relief pain and anxiety in severe chronic illnesses and in palliative care: a long term follow-up of treatment in a prospective observational non-randomized controlled study.

Co-author for the presentation at Italian congress SINC 2017 Società Italiana di Neurofisiologia Clinica (Italian Society of Clinical Neurophysiology) Ferrara, Italy, 21-24 June 2017: A. Matinella, M.P. Brugnoli, E. Pasin, A. Segatti, E. Concon, G. Squintani. Laser-evoked potentials (LEPs) in chronic pain conditions during hypnotic analgesia.

Presenter at workshop at the Annual Congress of the Society for Clinical and Experimental Hypnosis, SCEH, 68th Annual Workshop, 2017, Chicago, October 25-29 2017: Brugnoli MP. Clinical Hypnosis in Palliative Care.

The facts set forth in my application are true and complete.

MARIA PAOLA BRUGNOLI

A handwritten signature in black ink that reads "Maria Paola Brugnoli". The signature is fluid and cursive, with "Maria Paola" on the top line and "Brugnoli" on the bottom line.